Affective Forecasting, Comparison Standards, and Attentional Collapse

With Carey Morewedge (CMU), Timothy Wilson (U. Virginia), & Kristian Myrseth (U. Chicago)





- An *affective forecast* is a conscious or nonconscious prediction about the hedonic impact of a future event.
- A discrepancy between a forecast and an experience constitutes an affective forecasting error.
- These errors are welldocumented, sizeable, pervasive, and self-erasing.
- What causes them?



"As for the terms good and bad, they indicate no positive quality in things regarded in themselves, but are merely modes of thinking, or notions which we form from the comparison of things with one another.

Benedict Spinoza (1677)

 Judging the hedonic value of a target experience involves comparing it with a standard experience, and different standards may yield different judgments.









Present experience
 Dissimilar actual past experience



- Present experience
 Dissimilar actual past even
- Dissimilar actual past experience
- Similar counterfactual present experience



- Present experience
- Dissimilar actual past experience
- Similar counterfactual present experience
- Similar possible future experience



Proposition 1: Mental Travel in SPT Space Requires Conscious Attention Proportional to Distance



Proposition 2: Experience Consumes Conscious Attention and Thus Restricts Mental Travel in SPT Space

The Shifting Standards Hypothesis

- Having an experience consumes attention and thus restricts the range of standards with which the experience may be compared.
- Thus people who are forecasting an experience will use more "distant" standards than people who are actually having the experience.
- Using different standards during forecast and experience is a fundamental source of error in affective forecasting.

Study 1: Dissimilar Probable Past Standards

Forecasters

Imagined eating standard food and then potato chips

Experiencers

Ate standard food and then ate potato chips

Standard Food = Sardines or Chocolate



Study 1: Dissimilar Probable Past Standards



Study 2:

Dissimilar Probable Future Standards

Forecasters

Imagined eating potato chips and then standard food

Experiencers

Ate potato chips and then standard food

Standard Food = Sardines or Chocolate



Study 2: Dissimilar Probable Future Standards



Study 3:

Dissimilar Improbable Present Standards

Forecasters

Imagined eating potato chips with standard food in room

Experiencers

Ate potato chips with standard food in the room

Standard Food = Sardines or Chocolate





Study 3: Dissimilar Improbable Present Standards



Study 4: Attentional Collapse



Standard Food = Sardines or Chocolate

Role

- **Forecasters** imagined eating 5 chips and then standard food
- Experiencers ate 5 chips and then standard food

Pace:

- Normal (1 chip per 15 seconds)
- **Slow-Mo** (1 chip per 45 seconds)

Study 4: Attentional Collapse



Conclusion

- Experience causes "attentional collapse" thus restricting the range of standards with which it is likely to be compared.
- Forecasters use more "distant" standards than Experiencers do and thus mispredict the hedonic value of future experience.